



# Hafs Academy Sample

من أدب الإسلام

HOME

Adaab Series  
**Manners at Home**

**First Edition**  
September 2013

Published by



Hafs Academy  
26 Maryland Road  
Stratford  
London, E15 1JW  
UK

**Hafs Academy**  
**Sample**

[www.hafacademy.org.uk](http://www.hafacademy.org.uk)  
[info@hafacademy.org.uk](mailto:info@hafacademy.org.uk)  
020 8555 4260

Copyright © 2013 by Hafs Academy

All rights reserved. No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher, except in the case of brief quotations embodied in critical reviews and certain other noncommercial uses permitted by copyright law. For permission requests, write to the publisher, addressed "Attention: Permissions Coordinator," at the address opposite.

This Book Belongs to:

.....

Hafs Academy  
Sample

Form/Year:

.....

Teacher:

.....

Hafs Academy is an educational trust founded by some of the country's leading educators, scholars and academics, to push forward the frontiers of Muslim schooling in the UK.

### A thought out curriculum

We call our secondary school curriculum "the balance" - a union between an analytical national syllabus and a humanising Islamic curriculum. A student benefits from the strengths of both sciences at the highest level, while actualising the hadith: "No father has ever given a child a gift that is superior to good manners".

### Great teachers

Teachers are our greatest asset. Our educators and scholars are experts in their fields with a strong record of delivering academic success.

Together with an emphasis on character development, mentoring and tarbiyya, students are able to achieve their full potential in both the secular and Islamic sciences.

### Fully resourced

We have fully equipped modern classrooms and laboratories with a full compliment of gadgetry and support staff. Our Islamic teaching collateral is unique and produced in-house by academics at the forefront of curriculum design. The hifz programme is also staffed by experts in qiraat and we regard it as one of the best in the country.

# Contents

Home	6
A Peaceful Home	7
Be Fair	9
Cleanliness is part of Imaan	10
What time is it?	11
Homework Time	11
Dinner Time	12
Bed Time	15
A special Zikr before sleeping	22
Angel vs Shaytan	24
Listening to Parents and Elders	26
Questions	27
What should I do?	29

Hafs Academy  
Sample

# Home

Our home is where we **live**. It keeps us **warm** and **safe**. It is a place where we feel **comfortable** and **happy**.

Islam is a very **beautiful religion**. It **teaches** us how we should **behave** in our home.



# A Peaceful Home

Before entering our home, it is very **good** to say **Bismillah**. When a person does this and also says Bismillah before eating, Shaytan becomes **upset**. He says to his friends, “Let’s get out of here. There is no food here, nor a sleeping place”.

But if the person does not say **Bismillah**, Shaytan says to his friends, “Come! There is food here as well as a sleeping place for us”.

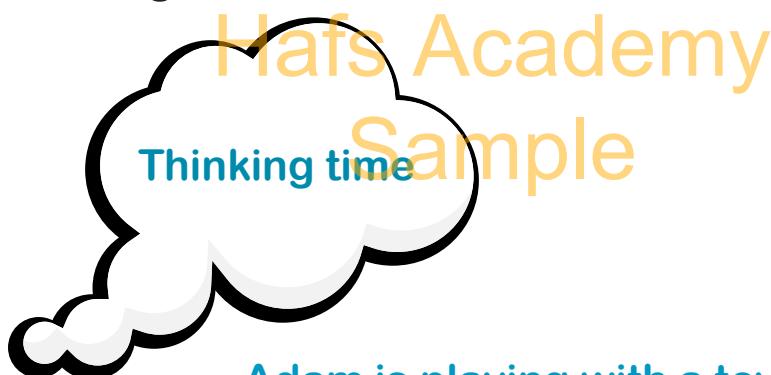


When we come **home**, we should **enter** with our **right** foot.

Do not enter the house with **wet** shoes. We do not want our floor to become **muddy**. You can **wipe** your shoes on the door mat or leave them **outside** until they become **dry**.

Once we are inside we should say “**Assalsamu alaikum**” to whoever is in the house. We should say **Salaam** to our **parents**. We should also say **Salaam** to our **brothers** and **sisters**.

When we take our clothes off, we should put them in a **good** place. If we leave them anywhere then it will be **hard** for us to find them again.



**Adam is playing with a toy car. There is only one toy car in the house. Adam has a sister called Maria. She also wants to play with the toy car too. What do you think they should do?**

# Be Fair



# Cleanliness is part of Imaan

We don't want our home to be **messy**. When we **finish** playing with our toys, we should **tidy up**. We should always try to keep our home **nice** and **clean**.



## House champion

Become a **house champion**.

House champions don't need to be told over and over again to **tidy up**. They **volunteer** to do it **themselves**!

**"I was sent to perfect/complete good manners"**

[Ahmad]

This statement itself affirms that pre-Islamic Arabia had good manners and so did non-Muslims. Having good manners is nothing special, it's a requisite of humanity which the sound intellect and natural disposition can readily grasp.

Faith goes beyond this. It seeks to perfect the art of good manners, and our Prophet is the best testimony to it.

Living in times of moral degeneration and corruption, good manners have come under direct attack and its repercussions have been far and wide. Even in the households of the faithful, moral erosion is having devastating effects and has led to widespread unrest and unease.

Where good manners were once naturally "picked up" in Muslim households, sadly today books are having to be written on the topic to educate believers on how the righteous behave and conduct themselves.

Perfect character and faith are intrinsically linked, which means the quality and strength of one's faith is dependent on one's character and manners.

It is imperative, therefore, to wage a crusade against moral corruption and since there is no better time to internalise this blessed and noble art than childhood, when the slate is clean, Hafs Academy presents this unique child friendly "adab" series.

# Hafs Academy

## Sample

The series hopes to fill/address some of the current much felt need and it is hoped parents will welcome it with much interest.

£2.50 | \$4.00 | €3.50



First Edition  
September 2013

Copyright © 2013 by Hafs Academy

All rights reserved. No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher, except in the case of brief quotations embodied in critical reviews and certain other noncommercial uses permitted by copyright law. For permission requests, write to the publisher, addressed "Attention: Permissions Coordinator," at the address opposite.

Hafs Academy  
26 Maryland Road  
Stratford  
London, E15 1JW

[www.hafacademy.org.uk](http://www.hafacademy.org.uk)  
[info@hafacademy.org.uk](mailto:info@hafacademy.org.uk)  
020 8555 4260